



Community Offer

At Kaleidoscope we understand that sometimes you might need support to carry out day-to-day tasks which you're finding difficult to do.

Community Support

We can all feel lonely from time to time, however it's important you don't suffer in silence and get the support you need.

Our team can offer home visits and accompany you to appointments or group meetings to help integrate you into the local community and reduce isolation and loneliness.

We can also help you find activities and clubs that suit your individual needs.



Support for Carers

Caring for someone with mental ill health can be incredibly rewarding but also tough. It can make you feel isolated, anxious and stressed.

Our 12-week support programme will help you begin feeling like yourself again. We'll work with you to create a package of care that you can continue once the 12 weeks are up. This could include:



Supporting you with your carers allowance application



Finding carer support groups



Helping to arrange respite care for your loved one



Arranging for home adaptations to be made

Employment, Volunteering and Welfare Support

We work in partnership with the Job Centre, Citizens Advice Bureau and Sandwell College's Adult Education Service and can assist with filling out applications, job searches and interview preparation offering you employment and volunteer support.

Our team can also support with any welfare issues. This may include completing benefits checks on your behalf, carrying out welfare assessments and working with you on any outstanding appeals.

Contact details:

To refer yourself to this service please contact SPA (Single Point of Access) using the details below.

T: 0121 726 3983

E: ifa1996.community_offer@nhs.net



kaleidoscopeplus.org.uk

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