

SORT Scheme

Where possible, we want to encourage you to remain in the comfort of your own home, however, we recognise that sometimes you might need a bit of extra support to do this. Our Sandwell Outreach Recovery Team (SORT) offer care and support helping you to remain living comfortably in your own home. Our dedicated STR Workers (Support, Time, Recovery) can offer a package of care enabling you to:



Keep on top of your bills, reduce debt and manage your finances



Access legal advice



Carry out routine household tasks

services



Manage self-harm

Develop confidence and

MyNearest



Better manage your mental and physical health







Find paid work and volunteering opportunities, access training and further education



Find and maintain accommodation

Although we cannot offer personal care, such as assistance with washing, dressing, or administering medication, we can signpost to other organisations and support groups who will be able to help.

When can I access support?

Our team are on hand Monday -Friday from 9am until 5pm but can work outside of these hours if needed.

It's important to note that we work closely with other mental health service providers, including Community Psychiatric Nurses and Social Workers so our support may be part of a larger package of care and our STR team might not be the only ones working with you.

For more information:

To find out more about our SORT Scheme please email or call us using the details below:

T: 0121 565 5605 E: sort@kaleidoscopeplus.org.uk



kaleidoscopeplus.org.uk

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