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Self-Harm Group Facilitator

Volunteer Role Description

Location	Mainly in Sandwell and other Black Country areas
Time commitment	Must be available 1 st Tuesday of each month 5.30pm – 7.30pm plus flexibility required for training and meetings
Responsible to	Suicide and Self-harm Prevention Coordinator
Background	The Kaleidoscope Plus Group works to promote and support positive health and wellbeing and we are committed to making sure that the services and facilities we provide are of the highest possible quality and that they continue to develop to meet the needs of the communities we serve.
Role description	<ul style="list-style-type: none"> • The role of the Self Harm Group Facilitator volunteer is to provide a proactive and timely community-based monthly meeting to help individuals, families, groups, or communities who have experienced a self-harm. • Signposting, overseeing, and maintaining links to relevant organisations, groups, and services for counselling • Offer and provide a sensitive, compassionate, and needs-led service to individuals, families, groups, or communities affected by self-harm • To attend volunteer meetings and additional training sessions
What's in it for me?	<ul style="list-style-type: none"> • Be part of a national service based in West Bromwich providing meaningful support people affected by self-injury • All volunteers participate in an extensive training programme facilitated by staff with a wealth of experience and expertise about self-injury and related issues • You'll have opportunities to develop valuable skills used in frontline support and knowledge of topics such as understanding self-injury, supportive listening, mental health, suicide prevention and reflective practice • A chance to meet new people - our organisation has a strong and supportive team spirit, and you will work in a team of volunteers with varied experience and backgrounds • Kaleidoscope Plus Group Charity will act as a referee for you after successful completion of your role • Reimbursement for any expenses incurred (with prior agreement)
Skills required	<ul style="list-style-type: none"> • Empathy and effective, compassionate communication skills are vital • Good communicator • Organised, methodical, reliable • The ability to work on their own initiative and group work • An awareness and understanding of self-harm

	<ul style="list-style-type: none">• Good inter-personal skills to lead a group, encourage and sustain discussion
Training & Support	You'll meet with your Suicide and Self-harm Prevention Coordinator and the Volunteer Coordinator and receive an induction and training relevant to the sessions you participate in before you start your role. You'll also be kept updated with other volunteering opportunities through the monthly volunteer bulletin.
Safeguarding	An enhanced DBS check will be processed for all volunteers if required for the role.