



Suicide Bereavement Group Support

Volunteer Role Description

Location	Virtual / Online
Time commitment	Must be available 3 rd Tuesday of each month from 6pm – 8pm plus flexibility for training and meetings
Responsible to	Suicide and Self-harm Prevention Coordinator
Background	The Kaleidoscope Plus Group works to promote and support positive health and wellbeing and we are committed to making sure that the services and facilities we provide are of the highest possible quality and that they continue to develop to meet the needs of the communities we serve.
Role description	<ul style="list-style-type: none"> • KPG specify that Group Facilitators are bereaved through suicide for around minimum of 2 years. This shared experience with the people who come to our groups is an important part of what makes the groups so effective. People feel that they will be understood. • The role of the Suicide Bereavement volunteer is to help facilitate the sessions, provide a warm welcome, help get the conversation started, make sure everyone has the opportunity to talk if they want to, and generally look out for people. • Signposting, overseeing, and maintaining links to relevant organisations, groups, and services for counselling. • Willing to undergo training to develop skills.
What's in it for me?	<ul style="list-style-type: none"> • Be part of a national service based in West Bromwich providing meaningful support people affected by suicide. • All volunteers participate in an extensive training programme facilitated by staff with a wealth of experience. • To develop valuable skills used in frontline support and knowledge of topics such as understanding suicide, supportive listening, mental health, and reflective practice. • A chance to meet new people - our organisation has a strong and supportive team spirit, and you will work in a team of volunteers with varied experience and backgrounds. • Kaleidoscope Plus Group Charity will act as a referee for you after successful completion of your role. • Reimbursement for any expenses incurred (with prior agreement)
Skills required	<ul style="list-style-type: none"> • Empathy and effective, compassionate communication skills are vital • Organised, methodical, reliable • Good communicator with ability to encourage conversation. • The ability to work on their own initiative and a part of a group. • An awareness and understanding of cultural differences in dealing with death and grief • Good inter-personal skills to lead a group, encourage and sustain discussion
Training & Support	You'll meet with your Suicide and Self-harm Prevention Coordinator and the Volunteer Coordinator and receive an induction and training relevant to the

	sessions you participate in before you start your role. You'll also be kept updated with other volunteering opportunities through the monthly volunteer bulletin.
Safeguarding	An enhanced DBS check will be processed for all volunteers if required for the role.