



Let's have
a chat :)

We are participating in
#Chat4Change
19th August 2022

Let's challenge the stigma around talking
about Mental Health **together**.

Find out more at
kaleidoscopeplus.org.uk/chat4change



#Chat4Change is today

19th August 2022

Let's help each other
by speaking up about
Mental Health!

When:

Where:

Find out more at
kaleidoscopeplus.org.uk/chat4change